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TOWN OF MARKHAM
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April 8, 2009

Mayor Frank Scarpitti
Town of Markham
Anthony Roman Centre
101 Town Centre Blvd.,
Markham, ON L3R 9W3

Dear Mayor Scarpitti,

On behalf of the 3 children's mental health agencies which provide services in York Region (Blue Hills Child & Family Centre, Kinark Child & Family Services and The York Centre for Children, Youth & Families), I am writing to request that you proclaim May 2-9, 2009 as "Children's Mental Health Week" in the Town of Markham.

One in 5 children experiences mental health problems. Treatment is effective, however, frequently these problems are not diagnosed or treated and they may become more serious. Through a variety of activities which are scheduled for Children's Mental Health Week, we are striving to achieve the following three goals:

- Promoting/maintaining good mental health.
- Increasing public awareness of children's mental health issues and dispelling the associated stigma.
- Encouraging parents to seek help.
- Providing contact information for children's mental health services in York Region.

We ask that you support us in our quest for optimal mental health for all children by making a proclamation and including the following contact information:

- Blue Hills Child & Family Centre: 1-866-536-7608
- Kinark Child & Family Services: info@kinark.on.ca
- The York Centre for Children, Youth & Families: 905-887-5896

"Healthy Minds, Healthy Kids, Healthy Communities"

If you require additional information, please contact me at 905-851-1672.

Yours truly,

A handwritten signature in cursive script that reads "Noreen Lee".

Noreen Lee
Chairperson
The York Centre for Children, Youth & Families